Contribution of Presepsin, Procalcitonin and C-reactive protein to the SOFA Score in Early Sepsis Diagnosis in Emergency Abdominal Surgical Patients

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ABSTRACT

Purpose: This study examined whether the addition of biomarkers presepsin (PSEP), procalcitonin (PCT) and C-reactive protein (CRP) to the initial SOFA (iSOFA) score can improve diagnostic accuracy of early sepsis diagnosis in emergency abdominal surgery patients.

Materials and Methods: Seventy-two study subjects had diagnosis of acute abdomen due to gastrointestinal disturbances. The study evaluated diagnostic accuracy and predictive value of two models (iSOFA only and iSOFA combined with three biomarkers) for sepsis diagnosis.

Results: The AUC value for the iSOFA was highest, followed by the AUC value obtained for PSEP, PCT and CRP (0.989, 0.738, 0.694 and 0.606, respectively).The logistic regression analysis of the two models showed for the first model that patients with a higher iSOFA score are almost two times more likely to suffer from sepsis. In the second model, patients with a higher iSOFA score and a higher level of biomarkers are three times more likely to have sepsis.

Conclusions: Although the SOFA score is known to be the best diagnostic tool for sepsis diagnosis, it seems that among the three investigated markers PSEP and PCT– although not contributing to the iSOFA score– are good independent markers with significantly higher levels in septic than in non-septic patients. PSEP has the highest diagnostic accuracy for sepsis. Only the conventional marker CRP provides certain added value to the iSOFA score for sepsis prediction. Further investigations should be performed to study the possible diagnostic value of dynamic changes of the three examined markers in prediction and early diagnosis of sepsis.

Keywords: Sepsis, SOFA, presepsin, procalcitonin, abdominal surgery

INTRODUCTION

Sepsis and septic shock in abdominal surgical patients develop as a consequence of intra-abdominal (IAI) or surgical site infections and can be termed abdominal sepsis. In emergency surgical patients, morbidity and mortality are higher than in non-emergency surgical patients (1). The major risk factors for development of sepsis and septic shock and consequent deaths are age, emergency surgery, presence of different comorbidities and gender (male) (2). According to the Third International Consensus definition of sepsis and septic shock (Sepsis-3), sepsis diagnosis is made when there is an acute change in the total SOFA score of ≥ 2 points consequent to infection, and patients with septic shock are diagnosed by using a clinical construct of sepsis with persisting hypotension that requires vasopressors to maintain mean arterial pressure (MAP) 65 mmHg; also, septic shock patients have a serum lactate level >2 mmol/L despite adequate volume resuscitation (3). As the key to successful sepsis treatment lies in the early recognition followed by appropriate therapy and infection source control, early identification of sepsis is challenging and the identification of patients at highest risk for sepsis development is very important (4,5).

The diagnosis of infection is confirmed by microbiological findings that, however, have some serious limitations: they are time-consuming and can be false negative. Therefore, biochemical markers of infection/inflammation could help to not only detect an infection but to detect a failed source control. The traditionally used biomarkers of infection/inflammation are C-reactive protein (CRP), procalcitonin (PCT) and, in recent time, presepsin (PSEP).

This study was conducted in order to examine whether the addition of biomarkers of inflammation/infection PSEP, PCT and CRP to the initial SOFA (iSOFA) scoring system can improve diagnostic accuracy of early sepsis diagnosis in emergency abdominal surgery patients. The specific aims were as follows:

a) To determine the cut-off values of PSEP, PCT and CRP whose sensitivity to sepsis after adding to the iSOFA scoring system is \geq 95% and specificity is the highest possible with such sensitivity rate.

b) To determine regression coefficients for the three markers in order to make their diagnostic value highest after the addition to the iSOFA score.

MATERIALS AND METHODS

The study protocol was approved by the University Hospital Centre Zagreb Ethics Committee and the Faculty of Pharmacy and Biochemistry Ethics Committee. Patients gave their written informed consent for participation in the study. The study was designed and executed in accordance with World Medical Association Declaration of Helsinki 2013.

Study population

We performed a unicentric, prospective, cross-sectional, applied study. The required sample size of 72 (36 septic and 36 non-septic) patients was calculated using data from Yang Y et al. (6). The sample size was calculated using PASS 14 Power Analysis and Sample Size Software (2015), NCSS, LLC. Kaysville, Utah, USA, ncss. com/software/pass. To include 36 abdominal septic patients required for statistical analysis, 244 samples of abdominal emergency patients admitted postoperatively to the 13-bed general surgical intensive care unit (ICU), University Hospital Centre Zagreb, were collected from October 2015 to April 2017. The criteria for enrolment were the following: age between 50 and 80, acute abdomen diagnosis caused by gastrointestinal inflammatory processes, intestinal obstructions and ileus, dehiscence of a surgical wound, gastrointestinal anastomosis or gastrointestinal perforation. The exclusion criteria were immunosuppressive therapy, and hemato-oncology or general oncology patients with ongoing chemotherapy because of high possibility of immune modulation. The admission to the ICU depended on comorbidity, initial surgical diagnosis, complexity of surgical procedure, intraoperative findings, hemodynamic stability during surgical procedure and general condition of a patient. Before surgery, standard antimicrobial prophylaxis (combination of antibiotics metronidazol and cefazolin or metronidazol and ciprofloxacin) was administered to all patients.

Outcome

Patients were classified according to the endpoint, i.e. sepsis. The frequent occurrence of primary sepsis in patients undergoing surgical treatment emphasizes the importance of evaluation within first five days. The maximum of five days was chosen because the median ICU length of stay (LOS) for septic and non-septic patients was six (IQR 3-12) and two (IQR 1-4) days, respectively. Sepsis was diagnosed on the basis of the third consensus definition for sepsis and septic shock plus the presence of either documented or suspected infection (3). Suspected infection means that a patient had either negative microbiological tests or there were no microbiological tests requested, but there were clinical signs present such as fever, positive radiological findings, intra-abdominal presence of pus and cloudy fluid, gut perforation and peritonitis stercoralis during surgical procedure.

According to the criteria mentioned above, two independent study physicians classified patients into the following two groups: 1. 36 patients with abdominal sepsis (SE)

2. 36 patients without abdominal sepsis

(NSE) with or without infection.

Sampling, laboratory analysis and SOFA calculation

Lithium-heparin blood samples were collected 12 hours after surgery for CRP, PSEP and PCT determination. For diagnosis of sepsis and septic shock, the SOFA score was calculated perioperatively (iSOFA) and every 24 hours postoperatively during five or less postoperative days depending on patient condition and ICU length of stay. The Δ -SOFA score was the difference between the highest/lowest 24-hour score and admission score. The clinical and laboratory parameters for the SOFA calculation were determined each day as part of morning routine assessment using the SOFA calculator (7). Infection was confirmed by microbiological examination of samples from the sources that should be physiologically sterile (abdominal intraoperative specimen and hemoculture) and/or surgical wound samples. According to the clinical status of a patient and attending surgeon's estimate, microbiological examination was not performed for low-risk patients. PSEP was measured by using the PATHFAST PSEP kit based on chemiluminescent enzyme immunoassay on the PATHFAST Immunoanalyser. PCT was determined by the ELECSYS+ BRAHMS+ PCT assay based on electrochemiluminescent immunoassay and CRP was measured by immunoturbidimetry on Cobas ce6000 analyser.

Statistical analysis

Statistical significance was determined at P<0.05 level. The hypothesis that a combination of PSEP, PCT, CRP and SOFA scoring system will have a better diagnostic accuracy for the early sepsis recognition than the SOFA score alone was checked by one-tail Spearman's correlation. Deviation from Gaussian distribution was tested by Shapiro-Wilk test. Nonparametric data were expressed as median and interquartile range (25th-75thIQR). The Mann-Whitney test was used as nonparametric

test for comparison of continuous variables. Diagnostic accuracy was expressed as sensitivity, specificity, area under the receiver operating curve (ROC) and positive and negative likelihood ratios. The cut-off values were determined at 95% sensitivity and the highest possible specificity with this sensitivity rate. Multivariate logistic regression was used to determine regression coefficients according to presence or absence of sepsis as a dependent variable. The compatibility of the final model with empirical data was checked by the Hosmer-Lemeshow test, and its statistical significance by Omnibus test. The total value of the model was expressed by the Nagelkerke pseudo coefficient of determination (R2) and the total proportion of correctly diagnosed patients. The relationship between PSEP and kidney function parameters, estimated glomerular filtration rate (eGFR) was determined by two-tailed Spearman's correlation. Statistical analysis was performed using the SPSS statistical program, version 25 (SPSS Inc, Chicago, IL, USA).

RESULTS

Characteristics of patient population and microbiological findings

Study subjects were fairly homogenous and all had diagnosis of acute abdomen due to gastrointestinal disturbances. Study patients' data are shown in Table 1. In the SE and NSE, the median (min to max) age was 69 (56-79) and 70 (53-80), respectively. There were no statistical differences between the number of male and female subjects in the two groups (22 vs 21, respectively, p=1.000). Based on the two most frequently established diagnoses, the two groups differed statistically significantly. Perforation/dehiscence diagnosis had 22 septic and 9 non-septic patients. Ileus diagnosis had 10 septic and 16 nonseptic patients, p=0.018. Microbiological studies showed that in the NSE there were negative microbiological findings in 9/18 patients, while no microbiological examinations were performed in 18/36 patients. In the SE group, no microbiological examinations were performed in 2/36 patients and microbiological examinations were negative in 3/34 patients. Verified infections were mostly caused by both gram-positive and gram-negative bacteria (21/34). The length of stay in the intensive care unit was more pronounced in septic patients than in NSE patients (6 versus 2 days, p <0.001). There was no statistical

Table1. Characteristics of 72 studied patients

	SEPTIC	NON-SEPTIC	Statistical significance (P)
N (number of patients)	36/7ª	36	
Age	69 (56-79)	70 (53-80)	0.874
Gender			
Male	22	21	1.000
Female	14	15	1.000
Diagnosis			
Ileus	10	16	0.018*
Perforation, dehiscence	22	9	0.018*
Peritonitis	1	1	
Hernia incarcerate	1	3	
Gangrene	1	1	
Cholecystitis acuta	1	4	
Pancreatitis acuta	0	1	
Pancolitis	0	1	
Infection	34/36	18/36	
Microbiological analysis requested			
Negative	3/34	9/18	
Gram negative and positive	21/34	5/18	
Gram positive	8/34	4/18	
Gram negative	2/34	0/18	
ICU LOS (days)	6 (1-125 ^b /3-12 ^c)	$2(1-8^{b}/1-4^{c})$	<0.001*
Outcome (28-day mortality)			0.055
YES	7	1 ^d	
NO	29	35	

^a Septic shock developed in seven patients

^b Minimum and maximum value

^c Interquartile range (25th-75th)

^d Lethal outcome caused by cardiorespiratory arrest; not infection- nor sepsis-related

Mann-Whitney test was used to examine statistically significant difference between two groups according to age and ICU LOS, and Fisher's exact test according to gender, clinical diagnosis and outcome.

	SEPSIS	
	NO	YES
0-Non-analyzed	18	2
1-Intraoperative specimen	6	20
2-Hemoculture	0	7
3-Surgical swab	2	5
4-Minilavate	1	1
5-Tracheal aspirate	4	1
6-Surgical drain	1	0
7-Other swab	4	0

SE and NSE group in the iSOFA score, PSEP and PCT [SE 10(IQR 8-12) and NSE 1(IQR 1-2), p<0.001; SE 1121.5(IQR 462.5-2265.0) and NSE 525.5(IQR 269.8-696.0), p<0.001; SE 2.96(IQR 1.80-23.78) and NSE 0.75(IQR 0.30-9.30, p=0.005], respectively. There was no significant difference in CRP (SE 151.1(IQR 63.4-282.3) and NSE 101.4(IQR 36.5-225.9), p=0.120). In the NSE group, there was one extreme outlier in PSEP measurement (11089 ng/L). This result was not removed from statistical analysis because it was not the measurement error and there was no difference in statistical analysis when this case was excluded.

difference in lethal outcomes on day 28 between SE and NSE patients (7/36 and 1/36, respectively, p=0.055). Table 2 shows the sites from which samples were taken for microbiological analysis. One lethal outcome in the NSE group was caused by cardiorespiratory arrest; there was no infection or sepsis.

Comparison of the iSOFA score and three biochemical markers between the two groups of patients

The median and IQR for four parameters of the two patient groups are shown in Table 3, Figure 1 (A-D). The Mann-Whitney test showed significant differences between

Diagnostic accuracy and cut-off values of PSEP, PCT and CRP combined with the iSOFA score

One-tailed Spearman's correlation for verification of the main hypothesis shows that there is a statistically significant cor-

Table 3. The median and 25th-75th IQR for four parameters in the two groups of patients

Parameters	SEPSIS	N	Median	Interquartile range	Minimum	Maximum	Р
iSOFA	No	36	1	1-2	0	7	<0.001*
	Yes	36	10	8-12	1	16	
PSEP	No	36	525.5	269.8 - 696.0	111.0	11089.01	< 0.001*
	Yes	36	1121.5	462.5 - 2265.0	342.0	7873.0	
PCT	No	36	0.75	0.30 - 9.30	0.08	38.2	0.005*
	Yes	36	2.96	1.80 - 23.78	0.14	100.0	
CRP	No	36	101.4	36.5 - 225.9	2.4	450.0	0.120
	Yes	36	151.1	63.4 - 282.3	14.6	515.5	

*Mann-Whitney test

iSOFA - initial sequential organ failure assessment

PSEP - presepsin

PCT - procalcitonin

CRP - C-reactive protein

Table 4. Diagnosti	c accuracy	of four	markers	for	sepsis	diagnosis
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	AUC	Р	95% Confidence Interval	Cut-off value	Sensitivity	Specificity	Positive likelihood ratio	Negative likelihood ratio
iSOFA	0.967	< 0.001*	0.925 - 1.000	2 point	0.972	0.528	2.051	0.053
PSEP	0.738	0.001*	0.623 - 0.853	349	0.972	0.333	1.460	0.084
РСТ	0.694	0.005*	0.571 - 0.817	0.17	0.972	0.167	1.167	0.168
CRP	0.606	0.120	0.476 - 0.737	18.1	0.972	0.139	1.129	0.201

*ROC analysis

iSOFA - initial sequential srgan failure assessment

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relation between the iSOFA score and two markers, PSEP and PCT (Spearman's rho 0.363, p=0.001 and Spearman's rho was 0.354, p<0.001). There was no significant correlation between the iSOFA score and CRP, p = 0.239, as shown in Table 4. ROC analysis was performed to assess diagnostic accuracy for four parameters. The results showed that the AUC value for the iSOFA was highest, followed by the AUC value obtained for PSEP, PCT and CRP [0.967 (95% CI 0.925-1.000), p<0.001; 0.738 (95% CI 0.623-0.853), p=0.001; 0.694 (95% CI 0.571-0.817), p=0.005; 0.606 (95% CI 0.476-0.737), p=0.120], respectively. The cut-off values of SOFA, PSEP and PCT for diagnosing sepsis with 95% sensitivity and the highest possible specificity with such sensitivity rate were 2 points, 349 ng/L and 0.17 µg/L, respectively (Table 4 and Figure 2).

Multiple logistic regression analysis of the iSOFA score by adding PSEP, PCT and CRP

Logistic regression analysis was performed to assess the impact of markers on the

likelihood that a patient has sepsis. There are two models: the first contained one independent variable (iSOFA score) and the second contained four independent variables (iSOFA score, PSEP, PCT and Creactive protein). The first and the second model were both statistically significant, χ^2 $(1, N=72) = 70.5, p < 0.001 \text{ and } \chi 2 (4, N=72)$ = 81.4, p<0.001, respectively, indicating that the models are able to distinguish SE from NSE. The second model was better in discriminating the two groups of patients. Hosmer and Lemeshow test also supports both models as reliable, first model χ^2 (6) = 1.27, p=0.974 and second model χ^2 (6) = 2.46, p=0.963. The models explained 83% and 90% of the variance of sepsis diagnosis and correctly classified 92% and 96% cases, respectively, Table 5. As shown in Table 6, the SOFA score is the strongest predictor of sepsis and, of the three markers, only CRP contributes statistically significantly to the model. The odds ratio for the SOFA score in the first model is 2.304 (95% CI 1.583-3.354, p<0.001) and in the second model 3.22 (95% CI 1.696-6.102, p<0.001). These results indicate that patients with the higher initial SOFA score without markers

are 2.3 times more likely to have sepsis, and patients with the higher initial SOFA score and simultaneously obtained high concentration of three markers are 3.2 times more likely to have sepsis.

The regression equation obtained for the second model is as follows:

SEPSIS= -8.988 + 1.17(SOFA) + 0.015 (CRP)

Correlation of PSEP and the kidney function parameters

The results showed statistically significant negative correlation between PSEP and eGFR, Spearman's rho was -0.593, p<0.001. Coefficient of determination was 0.352, Figure 3.

DISCUSSION

Despite the last Sepsis-3 definition which confirms that changes in the SOFA score form the basis of sepsis diagnosis (3), the routine use of biochemical markers of infection/inflammation are nevertheless of great help in the early recognition, risk

Table 5. Total value of models in distinguishing SE from NSE patients A)

Predicted				Percentage Correct	Nagelkerke R Square
		SEPSIS			
		NO	YES		
SEPSIS	NO	33	3	91.7	0.832
	YES	3	33	91.7	
Overall percenta	nge 91.7				

B)

Predicted				Percentage Correct	Nagelkerke R Square
		SEPSIS			
		NO	YES		
SEPSIS	NO	35	1	97.2	0.903
	YES	2	34	94.4	

Overall percentage 95.8

Logistic regression: A) First model is based only on the initial SOFA score, B) Second model takes into account all four markers

Table 6. Logistic regression predicting likelihood of sepsis

				95% Confiden	ce interval for OR
FIRST MODEL	В	р	OR	Lower	Upper
iSOFA	0.835	<0.001*	2.304	1.583	3.354
SECOND MODEL	В	р	OR	Lower	Upper
iSOFA	1.168	< 0.001*	3.217	1.696	6.102
PSEP	0.000	0.225	3.217	1.000	1.001
РСТ	-0.016	0.605	0.984	0.925	1.046
CRP	0.015	0.001*	1.015	1.003	1.028

iSOFA - initial sequential organ failure assessment

PCT – procalcitonin

CRP – C-reactive protein

stratification and therapy monitoring. The principal aim of this study was to investigate whether the well-established routine markers PCT and CRP (8), along with the newly introduced PSEP, could provide added value, together with the initial SOFA score, for the prediction and early diagnosis of sepsis in emergency abdominal surgery patients admitted to the general surgical ICU. In accordance to our specific aim the initial SOFA score was used as a helping tool for early sepsis diagnosis despite defined SOFA score changes as a parameter on which the diagnosis of sepsis is based (3).

As the early identification of patients at risk for sepsis development is crucial in order to confirm and remove the infectious source as soon as possible, a broad spectrum of antimicrobial therapy should be administered to stop spreading the infection (4,9,10). In this study we measured perioperative PSEP, PCT and CRP as markers of infection/inflammation and evaluated their diagnostic accuracy, the accuracy of the initial SOFA score separately and of the combination of all aforementioned parameters for sepsis diagnosis. To the best of our knowledge, previous studies did not investigate these four markers together in the specific population of emergency abdominal surgery patients.

The study revealed that the initial SOFA score, PSEP and PCT were significantly higher in septic than in non-septic group of patients, which is in accordance with previous studies (11–14). The CRP was not significantly different in the two groups of patients, as was already seen in other studies with similar patient population (15,16). Santonocito C et al. reported different results but they studied a different

patient population and, unlike our study, examined postoperative CRP changes (17). With regard to our chosen sepsis sensitivity threshold of \geq 95%, the obtained cut-off value for the iSOFA score was two points. The AUC was 0.967 and specificity 53%. Other studies have not shown so high AUC for the SOFA score (6,18,19) probably because heterogeneous patient populations were involved, as opposed to our study which comprised fairly homogenous patient population. The obtained specificity for iSOFA was pretty low. However, compared with specificity obtained for other three markers it could be concluded that iSOFA was a parameter with the highest specificity for sepsis.

The logistic regression analysis of two models, the first including only the iSOFA score and the second combining three biomarkers and the iSOFA score, showed that

PSEP – presepsin



Figure 1. Levels of four markers in SE and NSE group

A) presepsin, B) procalcitonin, C) C-reactive protein and D) initial SOFA score. Lines across inside the box represent median values and whiskers represent minimum and maximum values. The reference lines to the y axis represent cut-off values obtained according to the specific aim.

iSOFA - initial sequential organ failure assessment, PSEP - presepsin , PCT - procalcitonin, CRP - C-reactive protein

-of three biomarkers- only CRP contributed statistically significantly to the diagnostic performance of the model involving only iSOFA score. For the first model, the analysis showed that patients with a higher SOFA score are almost two times more likely to suffer from sepsis. In the second model, patients with a higher iSOFA score and a higher level of biomarkers are two times more likely to have sepsis. The first model was shown to correctly classify 91.7% patients and the second model 95.8% patients. This means that, out of one hundred patients, we can diagnose sepsis in four additional patients using the second model with added biochemical markers. The logistic regression for the second model showed that PSEP and PCT do not contribute to the model at all. But CRP, which has by itself been shown as unable to distinguish a septic from non-septic patient, provides additional value for the SOFA score in our model.

Regardless of the fact that the biochemical markers do not contribute statistically significantly to the iSOFA score, we determined the cut-off values of each marker bearing in mind our specific aim. For the desired sensitivity of \geq 95%, the obtained cut-off values for sepsis were: PSEP 349 ng/L, PCT 0.17 µg/L and CRP 18.1 mg/L. PSEP showed a slightly higher diagnostic accuracy than PCT (AUC 0.738 vs. 0.694). It was shown that CRP with AUC 0.606 cannot distinguish septic from non-septic patients. Specificity for all three markers PSEP, PCT and CRP was fairly low, i.e. 33%, 17% and 14%, respectively.

The determined cut-off values for PSEP and PCT are near the upper reference limit (20-22). These low cut-off values are the consequence of our specific aim which involved high sensitivity and thus early sepsis recognition. Similar results and a fairly low cut-off value for CRP were obtained by Meyer ZC et al. when they examined dynamic changes of CRP during the ICU course (23). In this study there was one patient within the control group with an extremely high PSEP value (11.089 ng/L) together with very high PCT and CRP values (35.64 µg/L and 169.0 mg/L, respectively). Those results were not removed from statistical analysis because there was

no question of error in the patient identification and measurement. Unfortunately, the microbiological examination was not done for this patient and we do not know if there was any infection. This patient suffered from liver dysfunction with low cholinesterase activity, renal insufficiency and COPD. A study from Papp et al. (24) showed that PSEP is a useful infection marker in liver disease but in renal failure the PSEP level increases as the glomerular filtration rate (GFR) decreases (24-26). Masson et al. have shown that high levels of PSEP can be found in COPD patients (27). Inflammatory/infection markers can be increased in patients with COPD exacerbation (28) but this was not the case with their patient. The patient was classified in the non-septic group according to the SOFA score (one point), spent only one day in ICU, was discharged from hospital after five days and was alive after 28 days. The suspicion remains that the patient still had infection but it has never been proven. The examined correlation of PSEP with the estimated GFR in this study showed inverse connection. This is the reason why



Figure 2. ROC analysis of four markers

iSOFA – initial sequential organ failure assessment PSEP – presepsin PCT – procalcitonin CRP – C-reactive protein

the interpretation of PSEP values must be related to the kidney function.

Our study consists of consecutively included patients as they were admitted postoperatively to the surgical ICU. No healthy subjects were included in the study as a control group, and the markers used (except PSEP) are part of the actual routine practice in the general surgical ICU. Also, although this is a study with small sample size, it was designed to minimize patient heterogeneity.



Figure 3. Correlation of PSEP and the eGFR

PSEP – presepsin eGFR – estimated glomerular filtration rate

LIMITATIONS

The main limitation of this study, besides relatively small sample size and unicentricity, is the fact that the microbiological examinations were not done in all patients and therefore there are no complete data for each patient about the presence or absence of infection.

CONCLUSION

The SOFA score is known to be the best diagnostic tool for sepsis diagnosis, but it seems that PSEP and PCT are among the three investigated markers -although not contributing to the iSOFA score- good independent markers with significantly higher levels in septic than in non-septic patients. PSEP has the highest diagnostic accuracy for sepsis. Only the conventional marker CRP provides certain added value to the iSOFA score for sepsis prediction. Further investigations should be performed to study the possible diagnostic value of dynamic changes of the three examined markers in prediction and early diagnosis of sepsis.

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